



# GOOD DAY NEWS

CORK'S POSITIVE NEWS MAGAZINE

Special Edition 2019/2020 **€2.00**

- 9 Fun things to do from a 9yr old
- Cork City's Magic Hub
- Little Reads from Big Imaginations
- A Good Creative Day is
- A True story from the Titanic



## Guest Editor's Letter

Dear Cork,

'I liked the way we were able to use all of our own ideas ... build our own world.'

In our guestbook at Graffiti Theatre Company, it is this sentiment, of empowering creative freedom, that is most often expressed by the young people who come through our studio doors.

How deftly and simply, we as adults can support creative confidence - just by making a space and enabling young voices and ideas.

It's a good reminder too of how supporting any

marginalised voices empowers, and equally becomes a way to enrich our communities.

At Graffiti Theatre, we get to see this every day in the resilience and self-belief that young people develop through the space we provide for creative curiosity and unfettered imaginations.

It was naturally then an absolute delight to further amplify young voices through this edition of Good Day News and invite many young Corkonians to contribute their creativity.

Enjoy!  
Ravniita Joyce

## Editor's Letter - Jo

Hello Cork,

Hurray.. this is the fourth issue! The past year has truly been a remarkable journey. I admire all of you for helping create this unique local magazine. I am energised by your openness to positivity. It's so easy to swallow the anger fed to us but you have actively sought out positivity. Thank you.

This edition nudges our inner-child. This has been a playful collaboration with Graffiti Theatre. Ravniita Joyce has been an incredible curator revealing the talented youth of Cork

with care and immense pride. Please pay attention and spread the joy.

Earlier this year, I did say that Good Day News will help you be more of who you want to be. The work is on... inside and outside of these pages. We have a new website - do stay in touch! We'll be back in 2020.

Cheers,  
Jo

**GOOD  
DAY  
NEWS**

## 9 Fun Things To Do From a 9yr old

Dara suggests positive experience activities - how many of these have you done?

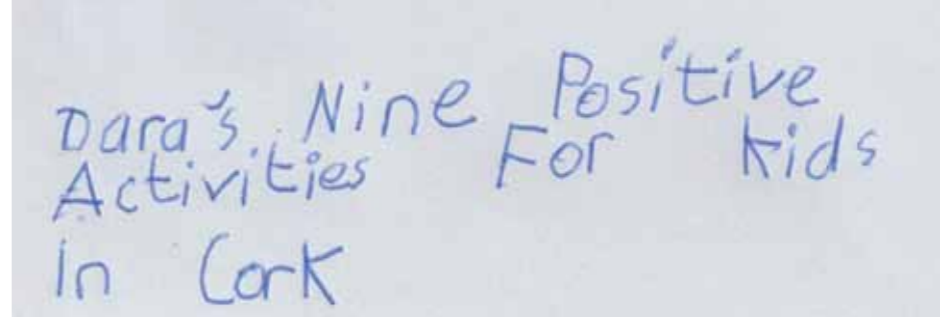
by Dara Harrington-Leonard



Dara busy at work compiling his list of fun things to do.

Hello, My name is Dara Harrington-Leonard, I am nine years old, or you could say - 3285 days old!

I've lived in Cork all my life, it's a place where people thrive. Cork is definitely one of the best counties in the whole wide world. My life is full of different activities and I would like to share my tips for Cork Culture with kids who are visiting here, and I'm not forgetting the ones living here either. I love Cork and I think you will too.



1. The English Market is a great place to get food with loads of nutrients. They sell a variety of meats, vegetables and treats. There is one particular stall called 'My Goodness', they are special because they don't use ANY PLASTIC!!!

2. Bouncy, Climby, Runny, Chasey, Sweaty, Laughy, and Fally - No, those aren't the 7 dwarves of Cork, they are adjectives of places like Bounce Zone, Airtastic, Monkey Maze, Planet, Trabolgan and Go Safari. I've been to all these activity and adventure centres myself so I can guarantee you they are great places for fun.

3. Tabletop Cafe on Castle Street is a great area for tasty foods, drinks and many board games. There are over 480 different games, there are loads of different types, some are good for the brain, some are good excitement. The staff can explain how to play each of the games. You could play a different game every day for a whole year and you'd still have a tonne left to try... literally! They have opened another Tabletop in Bantry in West Cork too.

4. Fitzgerald Park is a place to run, jump, have a picnic, relax, read, sunbathe.... and even walk your dog so you get the exercise too. It is has very little pollution because there are lots of trees. There is even a tree decorated with loads of scraps of mirrors, it is known as the Wishing Tree. The playground is a good place to have a large amount of excitement!

5. Or you can make your own park at home by using flowers and wood. My mother

recycles broken umbrellas by putting them in the ground upside down and she puts soil and compost in them, her plants are flourishing!

6. Barcadia is for grown ups at night, but during the daytime families can go and have so much excitement. It is a place with lots of old video games, basketball games and you can play Shuffleboard! It's an amazing game where there is sand put on a very narrow, smooth and long board and you have to roll a heavy metal disc to the opposite end but not over the edge! You can also get very tasty chips, pizza, burgers, sausages and loads of other snacks.

7. In Rosscarbery there are very a-MAZE-ing mazes (Pun Intended! 🤪) in the Smuggler's Cove Adventure Centre. The biggest is huge and is made from loads of different plants like hedges that are much taller than me on my dad's shoulders, he is 6 feet 2 inches and I'm 4 feet! The other maze is made from loads of big wooden gates, and you have to find codes. There is also crazy golf that have rafts you need to pull yourself over on a rope.

8. Cork has many libraries, that have computers for research, and more books than you can imagine and for all ages too. Best of all it's quiet and FREE!!!

9. In Cork you can have as many walks as you want, because it is clean, healthy and there's SO MUCH TO DO!!!!

(Disclaimer: Please note that neither of these locations have either paid Dara or us for being mentioned.)

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### Our stockists

You can purchase your copy of *Good Day News* at **Cork Flower Studio** (Douglas St), **Quay Co-op Bookshop** (Sullivan's Quay), **Alchemy Coffee and Books** (Barrack St), **Triskel Arts Centre** (Tobin St), **Records and Relics** (Lancaster Quay), **Cafe Myo** (Coal Quay), **Maureen's** (John Redmond St), **Vibes & Scribes** (Lavitt's Quay) and **Green Kiwi** (Main St, Ballincollig).

Please get in touch if you would like to stock the magazine at your location or are interested to join the sales team.

The next issue will be available in Summer 2020.



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@Good\_DayNews

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## DRUMMING CLASSES

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Meet new people

# What is a Youth Theatre?

Thoughts on the Theatre Experience

by Activate Pre-Senior Theatre group, age 13 to 15



Activate Pre Senior Theatre preparing for St. Patrick's Day Parade 2019.



Activate Pre Senior Theatre throwing shapes at Graffiti Theatre.

There are three Activate Youth Theatre groups at Graffiti Theatre Company and the Pre-seniors explained what it means to be a part of a youth theatre ensemble.

"Youth Theatre is place to let go, a place to be yourself." - Niamh

"Youth Theatre is a place where your imagination doesn't die." - Sloane

"It's a place where you learn new things and experience new things." - Natalie

"In Youth Theatre your opinions are heard." - Shauna

"It's a place where you try out new ideas...you might do a comedy scene, you might create a character, you might make up a dance!" - Sarah

"Youth Theatre helps you come out of your shell." - Ruby

"You make friends." - Anna

"In Youth Theatre, everyone is their own individual person – it's like a big dysfunctional family!" - Luca

"You become a family and learn to appreciate each other, no matter what!" - Nathan

"We love and cherish you, no matter how weird you are." - Ella

"You find out people are crazy." - Caera

"You meet like-minded people." - Senan

"It's a chill place where you can relax and be yourself." - Manus



# Around the World in 80 Days

On the road with two young adventurers



Graffiti's Activate Junior Theatre group.



Graffiti's Activate Junior Theatre group plotting their travels around the world.

Activate Junior Theatre told a tale of two friends travelling around the world seeking a better future for their orphanage and friends back home. So we asked from the experience what was one thing they'd like to see change in our world: "Global warming being taken seriously by governments and acceptance of anybody no matter race/sexuality/difference."

- Mary Jane, age 13

"I'd change all the racism in the world."

- Claire, age 12

"I would like people not to judge other people

before they get to know them."

- Orla, age 12

"I'd have more help for animals."

- Ben, age 10

"I would like pollution to change."

- Liam, age 11

"I'd have no more war."

- Lily, age 10

"Make more comedic, funny and inspiring plays." - Eimear, age 11

"I would want every sentence to make people laugh."

- Evan, age 12

# Meet An Activate Junior Actor:

Hello, My name is Adam O'Donnell, I am 13 years old and currently attending Graffiti Theatre Company.

I first found out about Graffiti when they came to my primary school. They showed us how to act and how much fun it is to do so. I enjoyed it so much that I started to go Activate Theatre every Thursday from 5.00 to 6.30pm. We are currently working on a play called "Around the World in 80 Days".

Graffiti have helped me with my confidence. Acting allows you to use your imagination and characteristics you normally might not use. I feel like I am being encouraged to try my best at all times and not being criticized all the time. It helps with making new friends,



talking to people and just having a good time.

I would encourage anyone to try acting because you never know, it might just be for you.

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# Cork City's Magic Hub!

Kel Menton describes their experience as a playwright.

by Kel Menton, age 21



Graffiti's Activate Senior Theatre group bringing Kel Menton's Almost Forgotten to life

Photo credit: Enrique Carnicero

Not to alarm anyone, but I experienced real-life magic.

I watched my characters pull themselves from the words on the page, and waltz across the stage at Graffiti's FitzGibbon Theatre. It was incredible. Beautiful. I could list adjectives for half a page, and I still don't think I could properly describe how it felt to see it happen. Magic. Real magic.

I started writing *Almost Forgotten* about two years ago. It's a play about stories,

# Designing a Graphic Novel from a Theatre Script

by Danny Foley, age 17

The Play 'Almost Forgotten' by Kel Menton has immersed all of Graffiti Theatre Company into a fantastical world of saints, wind magic and cultural conflict. It's inspired me to push my creativity and to do something as ambitious as making my first ever graphic novel. The first page of the graphic novel shows the two main protagonists, Kayla and Nephele, being introduced to the audience, as to what the other characters in the story refer to them as Saints. The story is a masterpiece and the characters are so compelling.

I loved the script so much I asked Kel if I could create an artwork based off of the Saints in her story, to which I was delighted she said 'Yes!'

Later I was approached by the director, Niall Cleary, after he had seen the artwork I made and he asked me, "Would you be

and what happens when stories start to fade from people's memories. That sounds a little sad, and I guess it is, but there's more to it than that; *Almost Forgotten* has unlikely friendships, love and courage, and, most of all, it has hope. It's not happy in a straightforward way, but enough characters make it through to make sure the stories live on – maybe not in exactly the same way, but they're there. A spark has been ignited, and it's in safe hands. Everything is going to be okay.

This was the first play I had written that had been performed on stage, and I was so nervous that at one point, I was pretty sure I could *hear* colours. I shouldn't have worried, though. The cast and crew that I had been blessed with were better than I could have ever dreamed. They welcomed *Almost Forgotten* with open arms, and their love for the story and its characters shone through every performance. The lights, the music (which was actually composed by my own brother, Harry!), the acting, the costumes, the props – all of it blew me away. Sure, I wrote the words, but Activate Youth Theatre breathed life into them, made them dance across the room, and took characters in directions I didn't expect. It looked nothing like I had imagined it would. And it was fantastic.

interested in making an Illustrated extension of the story?" To which I was delightfully shocked and saw as an opportunity for me to push my creative abilities and do something I've never done before, so I said I'd do it! It has been the greatest honour for me to contribute to this tale in the best way I know how.



Danny Foley's illustrated realisation of Almost Forgotten by Kel Menton

# A Good Creative Day is .

Thoughts from young minds on the joys of being creative.



The Activate Senior Theatre group. Photo Credit: Enrique Carnicero

“When I can make something from nothing.” - Cian, age 15

“When I truly feel the thing I am doing and I’m immersed and invested in it. For example, when I become the character in a scene and feel their emotions, forgetting about the real world for a while. Or when I’m writing, and the words flow themselves and I can feel the emotions I put on the page. Or when I get so lost in an idea in my head that it feels like I’m part of the story. That is a good creative day for me.” - Anna, age 17

“A day when the three creative parts of my brain decide to work together. Firstly, I am inspired to write and I know exactly what I want to write about. Secondly, I have the time and media to do it as I use journals and online notebooks- and make sure I am not procrastinating from writing (usually that means the topic doesn’t interest me enough!) Thirdly, is my mind open enough to just write without editing? If yes I’m good to go and that’s the best quality writing I’ll get from myself.” - Jess, age 17

“A good creative day for me is when I don’t feel too much overwhelming fear or doubt in myself— then I can create freely.” - Ellie, age 16

“ Is when I able to reduce all of my random thoughts and ideas into something that I am proud to stand over.” - Lily, age 15

“A day where I feel accomplished after creating something I’m proud of. Seeing a vision come to life when I’ve worked really hard on it is one of the best feelings.” - Olwyn, age 17

“ A day where I just can’t stop writing, even if what I’m writing isn’t very good. It’s a really great feeling when ideas just keep coming and you can barely write fast enough to keep up with your own head. Half of it will probably be rubbish but there could be a great idea in there too.” - Amy, age 17



The Activate Senior Theatre group in action at Graffiti Theatre. Photo Credit: Enrique Carnicero



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# Eighteen

by Jessica Oi Brien

When I hit eighteen years old and everyone around me whoops for now I can pretend to enjoy a vodka jelly shot legally- I will not mourn the loss of my teenage years, but I am determined not to resent them either. From what Disney Channel promised me, I did not get any of the true teenager experience, I instead got landed with an unexpected sexuality crisis and a therapist. But I am proud of myself, because as horrendous and hormonal as these past few years have been, without them I wouldn’t have become half of who I am today.

When I hit eighteen years old I will probably think, ‘oh thank God, finally,’ but I will also remember how important it is to not wait for a new year for everything to heal itself. Not to think when I turn sixteen, seventeen, eighteen, all will correct itself- until suddenly I’m in my mid twenties and I have blew out birthday candles every year and my wishes never came true because I sat waiting for them to. Instead, I think, ‘goodness, look what we’ve done in a year,’ and grin to myself knowing it is physically written in journals and into my skin forever and I will never forget what it was like to be twelve, thirteen, fourteen.

When I hit eighteen years old I will have my first legal drink, my first sip of alcohol, and maybe I will grimace and laugh that I waited eighteen years to taste the forbidden fruit that turned out to taste like hairspray in a glass. Hopefully I’ll be able to drive, I’ll be able to vote for politicians I don’t know the policies of and I’ll go to indie concert venues with an age restricted entrance to just listen to the guitar strums. I don’t plan to



Jessica OiBrien is a writer and Young Playwright 2018 .

change myself or my hobbies as soon as I hit eighteen. I’m happy to let myself shapeshift along with time. And perhaps one day when someone is doing some remorseful reflecting on their teenage years, I will think of me right now, capturing nostalgia as a scent in a page.

Jeans with green knees as my trophy for rolling down my estate’s largest hill, crimson hands and yellow nail polish greeting my Mom’s warm winter dinners. Pulling off my school jumper and watching my hair stand up as if it had been lit alight, grabbing a towel and a t-shirt, racing outside to grab every moment of sunlight I have before tea. Sitting with a tight, grey face on in an attempt to make my spots go down, the scent of tea tree oil permeating the room as I squint at a revision book, pages upon pages of notes scattered around me. Standing up at 3am

during a sleepover with a layer of dust over my eyes to indulge in another tub of pringles, while friends faces watch me, lit up by various screens. And they smile, giddy with tiredness and sugar and happiness at our own innocence.

When I hit eighteen years old, perhaps I will say I failed at being a teenager because I never drank, snuck out, wore fake tan or even kissed anyone. But being a teenager is not a test that I have to follow guidelines to pass. I just have to get through them, and wait to come out the other side, with my little bit of naivety and so much hope left. So until then, I’ll have another Ribena.

*I don t plan to change myself or my hobbies as soon as I hit eighteen. I m happy to let myself shapeshift along with time.*

Review of Young Playwrights Programme 2019

Few of the Playwrights share what the programme has meant for them.

“The Young Playwrights’ Programme is invaluable to young people. It is undeniably one of the best things that could have happened to me. Commonly, the sensational ideas of our generation are looked down upon and distained, but not here. I am encouraged to be unconditionally myself, my opinions are not just tolerated, but valued. I feel so free, but so supported at the same time. It’s wonderful, but it’s rare, and that’s why more opportunities like this need to present themselves to young people. And equally when they do arise, they’ve got to be cherished. From the programme I have had the privilege of meeting wonderful, like-minded people, which is such a breath of fresh air. I want people to have this experience after me, because wherever there is youth, there is suppressed talent that needs to be brought forth, nurtured and developed. This programme is unique and it is remarkable and must continue running if the voices of young people are to be heard.” - Lily Bannon, age 15



“[The Young Playwrights’ Programme] helps people discover their writing style and what they’re good at. The group is really nice and the team building element is so important to allow people to feel less insecure. Writing is a way for people to express themselves and the programme really helps with that. It gives the playwrights a reason to write, a goal to reach. It’s a way for young writers to develop their writing and share their writing with others with the same interests. It also allows young people to learn about other people’s styles when going to shows and hearing the other playwrights’ pieces. The programme gives young writers inspiration and encourages writing with young people. It’s preserving the art of writing in a way by promoting literature with young people. I really enjoy the programme because it gives me the push I need to keep writing and also inspires me to develop my writing style and venture into different kinds of writing styles. I’ve made many new friends through the programme and it’s a way for me to escape the pressures of study every once in a while. It gives me a goal to work towards.” - Lilian Chan, age 16



“The Young Playwrights Programme is such a wonderful programme for young people to have access too. It is unique and unmatched, there is nothing else of its kind available to young people and so it is a very valuable opportunity! The skills learned and explored are different to those done in school and so it provides a space to develop young people’s writing in a new way which we haven’t been exposed to before. It develops confidence and self-belief because the facilitators are really encouraging and supportive, and while they motivate us and give us goals, it is not a pressured or stressful environment! The programme itself provides us with many fantastic opportunities: we have excellent mentors who help us all individually, we get to see a variety of productions in the Everyman (for free, which is brilliant, because it would be far too expensive for young people to go as regularly without the programme!) which

It is giving us a platform on which we can stand and share ourselves without the fear of not being good enough or judged. - Klaudia, age 17



help inspire us, and we will have our own plays staged and directed professionally in the Everyman! Giving young people the opportunity to achieve this (having their play professionally performed) is great and really opens up possibilities and broadens the horizons of our futures in theatre and playwriting. It also gives us a chance to meet other like-minded young playwrights! Overall, the programme is completely unmatched and an unmissable opportunity for young playwrights.” - Ellie O’Connell, age 16

I’ve made many new friends through the programme and it’s a way for me to escape the pressures of study every once in a while. It gives me a goal to work towards. - Lilian, age 16

“The Young Playwrights programme is all about the creativity and aspiration of youth. Personally, I’ve found it to be an encouragement of self expression and individualism which is very important in the current day and age. I wouldn’t have necessarily called myself a writer in the past but since I’ve joined the programme my confidence has improved so much and I feel freer in expressing myself through writing. It’s important for the youth because it allows for our voices as a generation to be heard loud and clear. It is giving us a platform on which we can stand and share ourselves without the fear of not being good enough or judged. It also opens up a whole other world of possibilities for young writers like myself who are considering the path of a writer, playwright or poet. For the youth of today, having access to the Young Playwrights programme is important because it instills a belief in ourselves that we are good enough, we can do this and we need not be afraid to write what we truly want to.” - Klaudia Kumurkiewicz, age 17

Little Reads from Big Imaginations

An Cailín, an Madra agus an Leipreachán Feargach

by Fifth Class (2019), Gaelscoil Mhacan

Tá Leipreachán agam agus tá sé ag rith uaim ar bhogha báistí!

Dhúisigh mé suas. Bhí tromluí agam, mar is é an eagla is mó atá agam ná leipreacháin: uair amháin, bheir leipreachán greim ar mo dheartháir agus mharaigh sé é. Bhí sé leathuair tar éis a seacht ar maidin.

D’fhéach mé ar mo uaireadóir. Bheadh mé déanach don eitilt go hÉirinn don scannán nua ina bheidh mé ag aisteoireacht ann. Tá Leipreachán agam agus tá sé ag rith uaim ar bhogha báistí!

Dhúisigh mé suas. Bhí tromluí agam, mar is é an eagla is mó atá agam ná leipreacháin: uair amháin, bheir leipreachán greim ar mo dheartháir agus mharaigh sé é. Bhí sé leathuair tar éis a seacht ar maidin.

D’fhéach mé ar mo uaireadóir. Bheadh mé déanach don eitilt go hÉirinn don scannán nua ina bheidh mé ag aisteoireacht ann.

Ní bheidh sé ina eitilt fada mar nílim ach sa Ghearmáin.

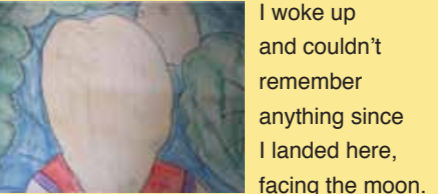
Nuair a shroich mé an aerphort, bhuail mé le mo chara is fearr, Billy Bob Joe. Tá Billy Bob Joe corcora agus tá sé an-mhór. Tá Billy Bob Joe ina Labrador ach is féidir leis seasamh cosúil le duine. Thug Billy Bob Joe Leipreachán Detector dom don turas go hÉirinn.

Dúirt an Garda Cosanta “Níl cead ag madraí dul san aerphort.” Sheas Billy Bob Joe suas agus “Ní madra mise!” a dúirt sé go crosta! Hayley Reilley a dúirt sé ar lipéad an Gharda Chosanta. Bhí Hayley Reilley ana-amaideach agus dúirt sí “Ó tá brón orm ... lean ar aghaidh!”



Trees

by Sixth Class (2018), St Mary’s National School, Cobh



I woke up and couldn’t remember anything since I landed here, facing the moon.

The first thing I could smell was a strong smell of smoke and the first thing I could see was what I thought was fog. Suddenly I caught a glimpse of the daunting, scary trees which reminded me of the setting of my father’s death.



I was in my house helping my mother to bake some scones when I heard a loud scream. I didn’t think much of it because I was only a child. All I can remember was hearing a loud crash and my mother running out to the garden.

I got up and my head started screaming with pain and I touched my head and there was blood falling onto my hand. I turned around to see one of the trees talking to me, “wake up, child, wake up. It’s only a dream.” I felt someone shaking me and I snapped my eyes open.

“Okay, mam,” I said. I felt the soothing touch of my mother’s hands, but somehow I still felt dizzy and alone. At this point, I couldn’t tell whether it was a dream or reality. And then I really woke up...



Eola Caillte...

by Fourth Class (2019), Gaelscoil Pheig Sayers, County Cork



Dia dhuit, Rósa is ainm dom agus tá mé in ann caint. Is madra mé. Tá cara agam agus an t-ainm atá uirthi ná Snó. Is huskie í.

Ba mhaith liom bheith mar duine agus nuair a deirim do aon duine sa terrace ina chonaím bíonn gach madra eile ag gáire ach ní bhíonn mo chara Snó.

Ba mhaith le Snó bheith mar duine freisin, chun a bheith in ann caint liom nuair a táimid inár ndaoine.

Bhí mé i mo dhuine 5 bliain ó shin, ach tharla rud éigin... Bhí mé i mo eolaí ag déanamh potion chun leighis a dhéanamh agus thit mé isteach! Dhúisigh mé agus bhí mé an beag. Agus mé i mo mhadra.

Lá amháin dúirt me le Snó, “Ba mhaith liom mar dhuine.” Agus dúirt sí “Ba mhaith liom bheith mar dhuine freisin”. Díreach ansin thit nuachtáin ar an talamh.

Bhí rud éigin suimiúil scríofa ann...

## My favourite way to enjoy life and relax is to...

by Fourth Class, Scoil Chill Rhudhain

"Lie down on my trampoline in the sun."- *Cathal*, age 10

"Play board games with my family and eat popcorn."- *Faye*, age 10

"Have the fire lighting while I am on the couch eating treats and watching my tablet in my pjs."- *Leah*, age 10

"Draw or read a book."- *Cara*, age 10

"Spend time with my family."- *Alfie*, age 10

"Lie down in bed watching YouTube, not getting bothered by anyone, with a bottle of water and the heating on when it's a cold night."- *Leon*, age 10

"Go on trips to somewhere exciting that I like or want to try out."  
- *Arron*, age 10

"Meet up with my friends and just laugh."- *Leah*, age 10

"Having family movie nights."- *Kasey*, age 10

"Spending time with my family."- *Leah*, age 10

"Have a game of footie with my friends. Then come home to a barbeque with my pool set up."- *Craig*, age 10

"Sit on the couch and watch TV with my family."- *Aoife*, age 10



School group visiting Graffiti's free Fighting Words workshop at The Crawford Art Gallery.



## Wellness Directory

If you seek a self-care practice then do look at our Wellness Directory. It features Cork-based facilitators of good health (mind, body and relationships). You will find the common thread between them is that they champion kindness and community.



### Alchemy School of Yoga

Model Farm Road  
Email: [info@alchemychoolofyoga.ie](mailto:info@alchemychoolofyoga.ie)  
[www.alchemyschoolofyoga.ie](http://www.alchemyschoolofyoga.ie)

### K T Confidence Coach

Karina Taoughlist  
Cork City Centre  
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Family run wellbeing and yoga centre  
Yogazone & Alchemy School of Yoga  
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Website: [www.livewellbloom.com](http://www.livewellbloom.com)

### Riognach Cantwell

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### Straightforward Nutrition

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### The Collective Cork

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## A True Story from the *Titanic*

by Patrick Caulfield, age 9



**M**y name is Patrick Caulfield. I am 9 years old. Many years ago my cousin travelled on the *Titanic*. Her name was Catherine Buckley. She was from Ovens and worked as a servant.

She went looking for more work in America. Her sister lived there so she decided to go over and stay with her. Her name was Margaret. Margaret sent over the passenger fee for Catherine. It cost 7 Pounds, she was a third class passenger. This was a lot of money in those days.

She was supposed to go on a boat called the *Cymric* but there was a coal strike. Unfortunately she went on the *Titanic*. Her body was found number #299. She was 18 when she died. She was my distant cousin.

## Community Announcements

**LETS** do things differently! Cork LETS (Local Exchange Trading Service) is a community network of hundreds of people who use LETS community credits, with no need for traditional currency (i.e. euros!) to trade, share, and support the community. Post 'Wants' and 'Offers' on our website, meet and share with other members... Join for free and learn more from: <http://www.corklets.net>. We meet on 1<sup>st</sup> Wednesdays of the month. For venue details please visit our Facebook page: [www.facebook.com/letstrade](https://www.facebook.com/letstrade)

**'Community Connections'** conversation cafe every 2<sup>nd</sup> Monday 10am at Cork City Library, Grand Parade. All welcome for a good ole chat to share perspective, stories and thoughts on a range of topics.

### Be a lifesaver-- give blood.

Just one donation can save 3 lives! Upcoming clinics will be held around Cork city and county including Mallow, Fermoy, Blackpool, Midleton, Blarney, Mitchelstown, Cobh, Carrigaline, plus we're open at St Finbarr's Hospital Mon-Thurs weekly.

Visit [www.giveblood.ie](http://www.giveblood.ie) for more clinic locations and information on blood donation.

**9<sup>th</sup> Cork Sacred Harp All Day Singing** will occur on Saturday 24<sup>th</sup> August, in St Fin Barre's Cathedral Hall, Dean Street, Cork. Sacred Harp is an American four-part harmony folk singing tradition with songs from the 16<sup>th</sup> through the 20<sup>th</sup> centuries, characterized by haunting harmonies, traditional modes, raucous songs, serene hymns, fast fugues, and high-energy anthems. There is no prior experience in singing or other forms of music required - we cannot emphasise this strongly enough.

More information can be found on [www.corksacredharp.com](http://www.corksacredharp.com) or email [corksacredharp@gmail.com](mailto:corksacredharp@gmail.com)

**Cork Cine Club** will return in September with its 21<sup>st</sup> season of bringing the best of international independent cinema to Cork audiences. Films are shown on Thursday nights at 8pm in St. John's Central College on Sawmill Street. For more details check [www.corkcineclub.com](http://www.corkcineclub.com)

## Sachiko's Paper Crafts

[Instagram](https://www.instagram.com/sachikospapercrafts) [Facebook](https://www.facebook.com/sachikospapercrafts) @sachikospapercrafts



Origami Crafts



Workshops



Handmade Cards



Commissions Welcome!

Art Spot

by Nathalie Gilson, age 14

I really like drawing animals. I really like Wolves because they are fierce and protective at the same time.



Crawford Art Gallery and Graffiti Theatre Fighting Words students inspired to travel to other worlds through paintings as portals - illustrate the characters they'd find on the other side.



A Verse City

by Kasey Brooks, age 10

Blue

by Kasey Brooks, age 10, Glanmire

Blue is the colour of the sky,  
Same at parties with all the kid's balloons.  
Blue is the colour of sleepiness,  
And the blue-ish water going down the streams,  
All the stuff that blue means.  
Rare butterflies are blue,  
Or some are sticky goo.  
As the oceans so big,  
The tears are small,  
The water in the pipe going through the wall.  
  
Now we know what blue might mean,  
But let's just carry on with your good going dream.

Why exploring Darkness in Graphic Novel writing captivates the Writer in me

by Niall Delaney, age 16, Cork City



Niall Delaney is both a writer with Fighting Words Write Club and Actor in Activate Senior Theatre. Photo Credit: Enrique Carnicero

*Sometimes a good day for the creative writer is found in places that seem dangerous, spooky or even sinister.*  
*Niall from Write Club explains what inspires him.*

Dark Graphic novels or stories are not usually considered positive. However, they can be quite enjoyable to write and read as it allows a person to really use their sense of creativity and imagination which can give the story a chance to be almost anything. As of this it allows more twists or unusual stories to be created which gives the reader something to look forward to and not know what exactly is happening. As people read or write darker stories they can envision the plot and find things they enjoy about it through their own experiences.

For me personally, I enjoy writing darker themed stories as it allows a character to be more developed and less heroic or perfect. They show that they have both a good and bad side which makes it easier to relate to. They have problems and sometimes they aren't able to escape or overcome those but rather live with it. It can send a powerful message out when a titular/main character acknowledges that what happened went wrong. That this is how things go sometimes.

Darker themes also allow for more descriptive pieces that could be easier to visualise. The ability to write and keep your audience on their toes, not expecting the story to go the way it does is fun. It gives off a more in depth and thorough look at a scene while having the opportunity to send chills down someone's spine.

Finally, the freedom you are given when writing a darker piece is almost endless

with the amount of possibilities. You can delve into a story and let loose. Doing whatever you want to and then changing it up. It doesn't get bound by ratings or being a perfect story with things going too good to be true and the writer can show this and express who they really are. For the reader, they go into their own imagination and picture this going down while interpreting it in their own way.

Darker themes allow complete wildness to ensue in a story which gives anyone a way to be involved. Involvement for me is a great thing when writing and dark stories allow this. An example of darker stories is Through the Woods, a horror type story with a few twists that should be online soon that I'm developing or some of the characters that I've developed and published which are original, dark "villains" such as Mannequin, PorkChops and PsychoTherapy.

## Tales from the Gallery

Following a tour of the Crawford Art Gallery, three school groups were inspired by the Mary Swanzy **Voyages** Exhibition; Andrew Kearney **Mechanism** and **Canova Casts** worked with Fighting Words at Graffiti Theatre to create three intriguing story beginnings.

### Aitherís Adventure

by Third Class, St Mary's NS Carrigaline



Aither Astroid was a white fox with blue horns and black wings that lived in a painting in the Crawford Art Gallery.

He sneaks out at night sometimes to get food.

Every day when the children come they touch and stroke the painting and he doesn't like it! Every time they touch the painting he disappears into another picture.

One day he disappeared into another picture and met the black fox.

The black fox was called Miles and at first Miles didn't really like Aither.

Miles said, 'Go away, you don't belong in this painting!'



Aither said, 'Make me!'

Miles tried to hit and bite him but he missed because Aither was too fast for him. Aither jumped into a portal and Miles jumped in after him. They landed into a different museum and they couldn't go back because the portal was closed.

Miles went out of that gallery and took all the paintings with him.

Aither didn't know where he was anymore and he felt horrible for making Miles feel bad.

He decided to get a nice burger to make Miles feel better again. But when he got back with the burger – hands and eyes popped out of the burger. The burger was very angry....



## The Attack of the Bananas

by Fourth Class,  
Scoil Chill Ruadhain |Brooklodge N.S.

In the dangers of the jungle lived the orangutan named Darwin and his trusty side-kick Turner the Turtle. Turner the Turtle was not slow he was super fast. Every year the banana wrangler Peely, came into the jungle to hunt all the animals. But of all the times he had come, he had only managed to hunt five animals. This year he is coming, but he won't get anyone because a new superhero has arrived in the jungle.



Peely found out about the new superhero so he hid cameras in trees. The cameras saw a turtle going at ninety! The cameras also saw Darwin eating a load of bananas and Peely felt offended. So then Peely got another villain called Johnsy the Grape.

\*\*\*

In a secret lab in a bunker underground, Peely said to Johnsy,

'We need to make a plan!'

Johnsy replied, 'I have the perfect idea. We ride on dragons into the jungle, breathing fire.'



So then Peely said, 'I have a better idea we could add some of our DNA to make the dragons like us. It could become a metal robotic dragon, and we'll put a sign on it that says "Use this to save the Jungle". But it's going to destroy the jungle. MWHHAHAHAHA!!'

Johnsy said, 'We should definitely do that and let's get some more bananas to lure them in.'

\*\*\*

Meanwhile in the jungle, Darwin and Turner were getting ready for the hunting this year. They were punching punching-bags. Then Darwin missed the bag and punched the tree by accident and the camera fell out!

'I wonder where this came from?' said Darwin...

## Uncle Eliza

by Sixth Class, Scoil Athar Maiti

Mary couldn't believe what she was hearing; her beloved Uncle John was gone. It was going to be a long voyage. Mary hugged her doll tightly. 'Oh why is life so hard!' said Mary thinking about her Uncle.



Her doll, Eliza, had extremely soft, black hair that almost seemed real, and although her frock had once been lovely and new it was now old. Eliza's eyes were a chestnut brown and they reminded Mary of her Uncle John.

The boat was quite small. It had a lot of people on it and felt claustrophobic. The noise was deafening. Mary was sensitive to noise. She tried to stay positive because she knew she was going to get to Hawaii eventually.

Mary thought to herself about how Hawaii was going to look. She imagined tall coconut trees, sunny beaches, sand that was white and colourful flowers. She was looking forward to seeing her Aunt when she arrived.



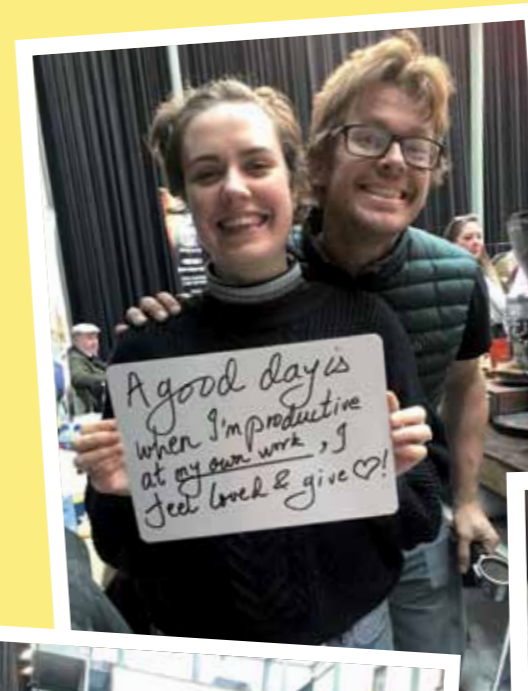
Mary was turning sixteen in a couple of days and she was thinking how weird it would be to not have her parents there.

\*\*\*

She woke up and walked out onto the deck and looked out to the sea. Further on she could see land. She asked one of the sailors what date it was, 'Twenty-seventh of May,' he responded. He was around her age and he was eating a sandwich. A huge gust of wind came along and blew his hat off into the ocean. 'Oh no your hat!' said Mary....

## A Good Day Is...

Good Day News had a great time finding out what is a good day at Cork **Mind Body Experience** in April 2019.



## Invitation to the Joy Board

Good Day News has created an online notice board of ideas - free of social media.

On the advice from a stranger over Christmas, we've built an online forum to share ideas. And we know well that, "Good idea becomes a great idea when you let it out."

Dreamers, Seekers & Doers - you're all invited to join the **Joy Board** to present your community with your ideas & your kindness. Go ahead.. go on. Visit [www.gooddaynewscork.wixsite.com/gooddaynewscork/joy-board](http://www.gooddaynewscork.wixsite.com/gooddaynewscork/joy-board)

"Because an individual's wellbeing contributes to collective wellbeing."

## Recognise:Transform

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The Natural Clinic,  
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# Volunteers Wanted!



FIGHTING WORDS FREE CREATIVE WRITING FOR 4-18 YEAR OLDS IS MADE POSSIBLE THROUGH OUR VOLUNTEERS WHO SUPPORT WORKSHOPS THROUGH ILLUSTRATING, STORYTELLING, SCRIBING AND MOST OF ALL LISTENING TO THE IDEAS OF YOUNG PEOPLE. IF YOU WOULD LIKE TO HELP,

PLEASE EMAIL: [CORK@FIGHTINGWORDS.IE](mailto:CORK@FIGHTINGWORDS.IE)

OUR NEXT WORKSHOPS WILL START IN SEPTEMBER AND WE ARE LOOKING FOR YOUR SUPPORT!

## Messages from Young Writers about Creative Writing with Graffiti's Fighting Words Volunteers..

'...made me more confident about my writing...'

'Thank you for such an enjoyable workshop - it was so fun. I am not a fan of English but this really inspired me about creative writing and I learned so much!'

..really expanded my mind towards writing and dialogue..

'Unique and very enjoyable - I would definitely come again..'

'It was really great - we all got to share our own ideas.'

'Very entertaining. The group work brought us together more.'

'I liked the way we were allowed to write our own stories.'



For more information on  
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